



The Catholic Women's League of Canada

MEMO

DATE: October 5, 2017

FROM: Jacqueline Nogier, national chairperson of spiritual development

TO: Parish chairpersons of spiritual development

CC: Parish presidents, diocesan presidents, provincial presidents, life members (on request)

Prayer Tool Belt

Members use Facebook to connect with family and friends and the League, as well as many other individuals and groups. Several pages that I have found and added to my Facebook news feed help me remember to pause and share a few minutes with God on a daily basis during coffee break or lunch including:

- Tweeting with GOD: originated in the Netherlands after engaging in dialogue with young people about the Catholic faith. Originally published in book format, the site includes quotes and short inspirational thoughts.
- The Canadian Council of Churches: a Canadian ecumenical organization representing 23 churches. Posts include news items, videos and links on many issues of interest specifically to Canadian Christians.
- Magnificat: a daily reflection that finds its way to your news feed every morning.
- Catholic Saint of the Day: daily posts with images and information on the daily saint. This page is from the United States by an organization called UCatholic.
- Salt + Light Media: daily posts with links to news articles, videos and programs. This page is Canadian and is hosted by Salt and Light Catholic Media Foundation.

Role of Women in the Church

Members blessed to be in attendance in Charlottetown this summer heard the words to this hymn, "Women of the Church how rich is your legacy. Women of the Church, how great is your faith. Women of the Church, well-springs of integrity. Lead us in the ways of peace." While the central focus of Catholic faith is the Eucharist and the trinity of God the Father, the Son and the Holy Spirit, it is important to remember that both men and women play integral roles in the life of the church. The last three popes – John Paul II, Benedict XVI and His Holiness Pope Francis – have commented on the feminine genius and the importance of the roles that women have in parishes and communities. Women do have positive and integral roles and are important members of parish communities in so many ways. Be proud that God called you by name to serve in the ministries in your parishes.

Our Lady of Guadalupe

As Catholics honour life from the moment of conception to natural death, we pray to Our Lady of Guadalupe as the patroness of unborn children. The image that follows shows an expectant Mary awaiting the birth of Jesus. Our Lady's feast day is December 12th. Consider celebrating it through prayers and novenas.

A Prayer to Our Lady of Guadalupe

Virgin of Guadalupe,
Patroness of unborn children,
we implore your intercession
for every child at risk of abortion.
Help expectant parents to welcome from God
the priceless gift of their child's life.

Console parents who have lost that gift
through abortion,
and lead them to forgiveness and healing
through the Divine Mercy of your Son.

Teach us to cherish
and to care for family and friends
until God calls them home.
Help us never to see others as burdens.

Guide our public officials
to defend each and every human life
through just laws.
Inspire us all to bring our faith into public life,
to speak for those who have no voice.

We ask this in the name of your Son,
Jesus Christ, who is Love and Mercy itself. Amen



Novena to Our Lady of Guadalupe for the Unborn

Description:

A novena prayer to Our Lady of Guadalupe which was recited for the unborn at the end of all masses in the Basilica of the National Shrine of the Immaculate Conception of the March for Life on January 22, 1999.

Prayer:

Our Lady of Guadalupe, we turn to you who are the protectress of unborn children and ask that you intercede for us, so that we may more firmly resolve to join you in protecting all human life.

Let our prayers be united to your perpetual motherly intercession on behalf of those whose lives are threatened, be they in the womb of their mother, on the bed of infirmity, or in the latter years of their life. May our prayers also be coupled with peaceful action which witnesses to the goodness and dignity of all human life, so that our firmness of purpose may give courage to those who are fearful and bring light to those who are blinded by sin.

Encourage those who will be involved in the March for Life; help them to walk closely with God and to give voice to the cry of the oppressed, in order to remind our nation of its commitment to life, liberty and the pursuit of happiness for all people. O Virgin Mother of God, present our petitions to your Son and ask him to bless us with abundant life.

Jacqueline Nogier

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National Chairperson of Spiritual Development